

The Injured Self



A conference for professionals in health, education, counselling, social and community work dealing with issues surrounding low self-esteem, self-injury and self-harm
Monday 20th October 2008 : Wells, Somerset

Venue

The Little Theatre, Chamberlain Street, Wells, BA5 2PS
Registration with tea/coffee from 9:30am for start of program at 10:00am
Refreshments will be provided throughout the day including a buffet lunch

Talks and Discussions

Professor Roger Baker (BA, PhD, CPsychol, FBPSS) will focus on his ground breaking research into Emotional Processing and consider a new way of handling emotional pain.
Wedge brings his personal experience of self-injury and seven years of leading self-injury awareness organisations and charities.
Alison Leyland (B.Ed, Dip.Couns, CPCReg, UKCPRReg) will talk about the unconscious impact that our earliest relationships have on our identity and self-esteem.

Booking Information

Single £120
Block bookings £90 per person
Students £40 (+£20 for lunch optional)
For further enquiries contact Conference Organiser
Alison Leyland on 01749 679866 / AliLey@living-change.co.uk

All profits will be donated to:

FirstSigns voluntary organisation's awareness raising activities
Rowan Romania—a charity supporting a psychiatric hospital in Zarneshi
Health Works—researching the value of a long-term therapeutic group for people with early attachment issues

